

DATE: Monday, 4 February 2019  
TERM 1 WEEK 2  
Principal: Drew Green



## Principal's Message



Hello all and welcome to our 2019 school year. It's great to be back on deck. Team work is the key to giving our students all that we can to help them develop from the point they are currently at.

The term 'School Community' best describes the people that make up this team. You certainly don't have to work here to play an important role in this team and have a distinct effect on many students.

If you have any interaction at all with our school, then you're on the team! We also need to remember that it's only one team and being on it means we need to support all the other team members.

We must always remember that we all have the same goal, which is to give our students the most rewarding Primary School experience possible as we prepare them for High School.

Communication is vital to achieve this. Talk with your teacher, outside teaching hours of course, don't stew on anything and don't listen to the Kyogle Grapevine; come to the source and get accurate information. Calling and organising a time that is suitable for both of you is the best way to do this.

### MUSIC IN OUR SCHOOL

Last year surveys were sent out to determine interest in starting a "Music In Schools Program" at school, run by the Northern Rivers Conservatorium. Approximately 10% of families have expressed an interest which is terrific. Two out of my 4 children are heavily invested in music and have been from a young age. The benefits that have flowed into other areas of their development as a result of this have been wonderful. Keep an eye out for



We had 34 very excited children start their first day at 'big school' today. Kindergarten teachers this year are Mrs Jasmine Stuart (KS) and Mrs Chiara Cole (KC). Every Wednesday for Term 1 is a voluntary rest day, which we find supports the kids in their transition to formal schooling. Kindy students can be very tired by Friday taking in all the new experiences! Please contact the school if you have any questions about the day to day running of kindergarten life. There will be a 'Kindergarten meet and greet' hosted by the P&C this Thursday, 7 February at 3.30pm at the COLA - Covered Outdoor Learning Area. This is a great opportunity to get to meet some of the other parents and for your child to mix with fellow students in an informal setting. KPS also runs a Facebook page which can be very useful for asking questions and finding out about last minute changes to routine. Congratulations Kindergarten 2019 on a great start!



Term 1 ends : Friday, 12 April, 2019

Term 2 begins : Monday, May 29 2019

Next P & C Meeting Tuesday, 19 February 5.30pm for 6.00pm Library

## What's happening



### Positive Behaviour for Learning



Our three expectations are:

**Be Safe** - right place-right time, stay inbounds, keep hands and feet to self, use equipment for its purpose, care for others.

**Be Responsible** - wear school uniform, follow staff instructions, use school talk, look after belongings, value all property, put rubbish in the bin

**Be a Learner** - have all equipment for class, participate in learning, ask questions, listen to teacher instructions.

#### Positive Behaviour for Learning (PBL)

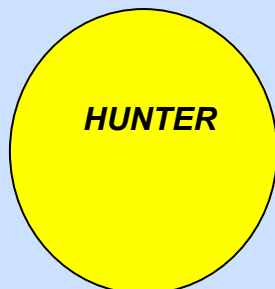
Positive Behaviour for Learning (PBL) is an evidence-based whole school process to improve learning outcomes for all students. At KPS we have three primary **expectations** entitled **Be Respectful**, **Be Safe** and **Be a Learner**. This week all Kinder teachers will be introducing the PBL processes to our Kindergarten students for the first time. The other teachers will be providing an overview, by revising and discussing the importance of these **expectations** and their values that we uphold in our whole school setting. In addition to this our focus lesson will be **boundaries**. These lessons will entail identifying the boundaries in all settings and why it is important to stay within those areas.

**The PBL Team meets every Friday. Parents and Caregivers are welcome to attend and participate. Meetings are held in the Computer Room at 8:30 am.**

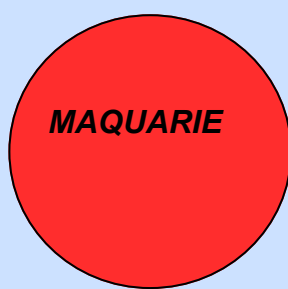
## Swimming Carnival

A friendly reminder that all students turning eight years of age and older this year, will be walking to the Kyogle Memorial Pool for our annual swimming carnival **this Wednesday 6**, February. They must arrive at school prior to the carnival to have their class rolls marked. Students may wish to order their lunch, prior to school, at the school canteen. These will be delivered to the pool at lunch time. The pool canteen will also be open at allocated times. Students must wear a hat and bring a rash shirt and plenty of water. Students will walk to the pool under teacher supervision. All non-competitive swimmers will have the opportunity to participate in 25m events. All of these swimmers will receive a ribbon and be awarded points for their sport's house. We will arrive back at school prior to bus departure times. All parents, carers and friends are most welcome to attend.

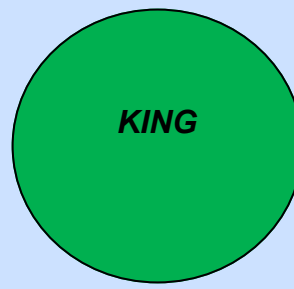
**Please come dressed in your sport's house colours! \*Ask your teacher if unsure. Students will need \$3 for entry to the pool!**



**HUNTER**



**MAQUARIE**



**KING**



**PHILLIP**

# What's happening

## Swimming For Sport

**This Term Stage 2 and Stage 3 will be going swimming for sport.**

**Stage 2 Tuesday afternoons from 2pm – 3pm  
Stage 3 Thursday afternoons 2pm – 3pm.**

**All swimmers will need; swimmers, rash shirt, towel and pool entry fee \$3 per visit or a season pass - please bring your pass. If your child is not swimming it will only cost \$1:50 entry fee. If your child is staying at the pool after the sport lesson is finished, we need a signed, dated permission note to be provided to the school.**

**Children 10 years and under ARE NOT PERMITTED TO STAY UNLESS AN ADULT OR A PERSON 16 YEARS OR OVER IS AT THE POOL TO SUPERVISE THEM. YOU MUST BE AT THE POOL BY 3PM OTHERWISE THEY WILL COME BACK TO SCHOOL WITH THEIR CLASS AND GO HOME AS NORMAL. THIS IS A KYOGLE COUNCIL POOL RULE.**

## Swimming Trials-

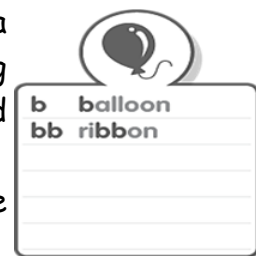
Swimming trials will take place tomorrow to finalise entrants for the swimming carnival on Wednesday, 6 February. **Students in Stage 1, who turn 8 or 9** may be needed to swim along with other students in Stage 2. These students have been given individual notes. Students will need to bring their swimmers, rash shirt, towel and pool entry \$3.00.

**We are looking for a volunteer** who would be willing to undertake our Book Club ordering online. This position involves using a computer and it is a very easy system to learn. We are here to support you! If you would have approx. 1 hour per month to help out we would appreciate your support. This is a wonderful opportunity for you to be involved in your child's schooling, the kids love to see their parents around the school. Please phone or call in to see the ladies in the office if you are able to help. Thank you .



Sound Waves is a word study program designed to develop reading, spelling and writing skills through phonemic awareness. Phonemic awareness is essentially a knowledge and understanding of the sounds and sound patterns of our language.

This week we are learning the sound:



Term 1	Week 2
<b>Tue 05/02</b>	•Stg 2 - Swimming for sport. \$3 entry plus time trials 12pm-2pm
<b>Wed 06/02</b>	•Swimming Carnival - Kyogle pool \$3 all day.
<b>Thurs 07/02</b>	•Stg 3 - Swimming for sport \$3 entry •Stg 2 & 3 - Safer Internet 9.30am hall
Term 1	Week 3
Term 1	Week 4
<b>Wed 20/02</b>	•Yr 6 Badge Presentation at Assembly

The Annual General permission notes have gone home for all students. Please fill them out and return them to your child's teacher as soon as possible.

## School Banking

**School Banking is due for processing on Mondays. There are brochures at the office if you require any information.**



Don't forget to download our school's SkoolBag app to ensure that you are kept in the loop on:

- \* School newsletters
- \* Notices
- \* Events
- \* Cancellations
- \* Reminders
- \* ...and more!

**INSTALLATION INSTRUCTION**

Just search for our school's name in the App Store on your phone and download our app!

PO Box 428, KYOGLE NSW 2474

Phone: 6632 1200

Fax: 6632 2579

192 Summerland Way, KYOGLE NSW 2474

Email: [kyogle-p.school@det.nsw.edu.au](mailto:kyogle-p.school@det.nsw.edu.au)

Website: <http://www.kyogle-p.schools.nsw.edu.au>



# Community Announcements

# You're Invited!

Kyogle Public School P&C cordially invites you to the

## Kindy Parents Social Afternoon

Thursday 7th February at 3:30 just after school at the COLA

This is a great opportunity to meet other families!

Light refreshments will be served.

Note date change: originally advertised for Friday 8th Feb



### SPINACH, CORN & CHEESE SAVOURY MUFFINS

These delicious savoury muffins are packed full of vegetables like spinach and corn. You could change up the vegetables to suit any taste or what's in the fridge. They are perfect for a family meal, lunchbox or a kids afternoon snack! They also freeze well.

#### Ingredients

2 eggs  
3/4 cup milk  
150g / 2 cups grated reduced fat cheddar cheese  
1 spring onion, chopped  
2 cups fresh baby spinach, chopped  
1 cob fresh corn, kernals cut off (or a small tin corn kernals)  
2 cups self raising flour  
salt and pepper to taste

Preheat the oven to 180c and line a muffin tin with 12 muffin cases or oil the tin well.

Combine eggs and milk in a large bowl.

Mix in the grated cheese, spring onion, baby spinach and corn.

Add in the flour, salt and pepper and mix just enough until all the ingredients have combined.

Divide the mixture between the 12 muffin cases and bake in the oven for 20-25 minutes until cooked through.

These muffins can be frozen once they have cooled completely. To defrost simply leave out for a few hours or overnight.

For more tasty, simple recipes, visit:

[nswlhd.health.nsw.gov.au/health-promotion/healthy-eating-recipes](http://nswlhd.health.nsw.gov.au/health-promotion/healthy-eating-recipes)

## TRIPLE P – POSITIVE PARENTING PROGRAMS

We will be running a Group Triple P Program at Casino RSM this Term.

The aim of the group is to increase parents' competence and confidence by:

- -Increasing parents' ability to manage common behaviour problems and developmental issues
- -Reducing parents' use of coercive and punitive methods of disciplining children
- -Improving parents' communication about parenting issues
- -Reducing parenting stress associated with raising children

Parents can discuss and share ideas about parenting and receive practical information about parenting skills that they can incorporate into everyday interactions with their children.



**VENUE** : Casino RSM Club, Function Room

**FACILITATOR** : Raylene Cowie

**DAYTIME PROGRAM** (4 Weeks)

**DATES** : Wednesdays , MARCH 6, 13, 20, 27

**TIMES** : 10 am -12 pm

**COST** : Free of Charge, light refreshments included.

**CHILD MINDING** : Is available at Jumbunna , places must be booked

**CONTACT** : Josie @ Jumbunna Community Preschool

**PHONE** : 6662 2866

**EMAIL** : [jumbunna@jumbunna.com.au](mailto:jumbunna@jumbunna.com.au)

## Far North Coast Hockey Inc

### *Junior Pre- Season Twilight Competition*



**Where:** Goonellabah Hockey Centre (Oliver Avenue, behind the Goonellabah Sports Club).

**When** – Every Thursday for 5 weeks. Commencing on the 7<sup>th</sup> February 2019

**Time** – start 4:30- 6pm

**Grades** -U11yrs, U13yrs and U15yrs (9-14yrs)

**Cost** – Free

First night will be a general muster to allocate team players to ensure a good spread of skill mix for all teams.

New Players welcome and hockey sticks will be available for loan on the muster day.

Each player will need to have their own mouth guard and shin pads. These will be available for purchase onsite.

#### Contact Details

Nathan Kesteven-M 0428351956

Dan Hughes-M 0405324061

Anne-Maree Cheffins-M 0448346476

PO Box 428, KYOGLE NSW 2474

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